

# Rainbow Heights Club

A PEER-LED, STRENGTHS BASED  
PSYCHOSOCIAL SUPPORT  
PROGRAM FOR LGBTQ+ NEW  
YORKERS LIVING WITH SERIOUS  
MENTAL ILLNESS

## PROGRAMS

### Drop-in Space

- We're open Monday through Friday with Telehealth support from 11am-1pm with in-person services in our club room from 1pm-6pm for members to socialize, access one on one peer support, attend support groups, and receive a free daily hot meal.

### Community Partnerships

- We partner with local health, human service, and education organizations to ensure our members have access to wraparound support to meet their diverse needs.



- Our LGBTQ cultural competency trainings reach over 3,000 behavioral health providers across New York State annually.

## OUR IMPACT

**9,500+**

MEMBER SERVICES PROVIDED IN 2023

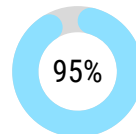
**1,800+**

FREE HOT MEALS SERVED IN 2023

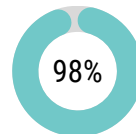
**3,000+**

BEHAVIORAL HEALTH PROVIDERS  
REACHED THROUGH E/QUALITY CARE  
IN 2023

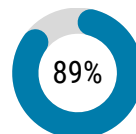
## OUTCOMES



*of members have more hope  
since joining RHC*



*of members have more social  
support since joining RHC*



*of members have higher self -  
esteem since joining RHC*

PLEASE REACH OUT TO THE DIRECTOR OF PEER SERVICES AT 347-766-7851, IF YOUR CLIENT IS 18 YEARS OLD OR OLDER, IDENTIFIES AS LGBTQ+, HAS A MENTAL HEALTH DIAGNOSIS, AND WOULD LIKE TO BE A MEMBER.

Rainbow Heights Club  
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[www.rainbowheights.org](http://www.rainbowheights.org)